

FOR IMMEDIATE RELEASE:

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EDRC Announces Winners of 2026’s Be-YOU-Tiful Multimedia Contest!
Campbell, CA

Eating Disorders Resource Center (EDRC) is delighted to announce the winners of its 17th annual Be-YOU-Tiful Multimedia Contest! Held annually, the Multimedia Contest gives Bay Area middle and high school students the opportunity to creatively address their perspectives, experiences, and emotions surrounding this year’s theme of discovering beauty, embracing vulnerability, and overcoming hardships. The goal of EDRC’s Multimedia Contest is to encourage students to look beyond body image ideals and empower them to advocate for solutions.

This year, EDRC received a variety of impactful art, essay, and poetry submissions from students attending 22 different Bay Area middle and high schools. All of our winners and their entries will be recognized on our website and newsletter.

We at EDRC are deeply grateful for our esteemed panel of judges and their ongoing commitment to adolescent mental health awareness. Furthermore, we also extend our thanks to our sponsors: **Santa Clara County Library District (SCCLD), Santa Clara Family Health Plan, and the Los Gatos Therapy Center (LGTC) Group.**

Congratulations to our winners, and a warm thank you to all who shared their work!

High School Art - Anvi Gadkari, [Head in the Clouds](#) (Grade 11, Milpitas High School)

High School Essay - Diya Agastya, [Broken Glass, Each Piece a Different Color](#) (Grade 11)

High School Poetry - Kai Mora, [The Moment You Stopped Knowing Me](#) (Grade 9, Gilroy Early College Academy)

Middle School Art - Eleanor Shen, [In My Eyes](#) (Grade 6, Loyola Elementary School)

Middle School Essay - Eidyn Ouyang, [Narrative Essay](#) (Grade 6, Lawson Middle School)

Middle School Poetry - Trisa Tieu, [In The Pool of People](#) (Grade 8, Rancho Milpitas Middle School)

About the Eating Disorders Resource Center

Based in Campbell, CA, the Eating Disorders Resource Center (EDRC), a 501(c)(3) nonprofit, aims to increase eating disorder awareness and education to the general public, educators, and physicians, promotes effective patient diagnosis, treatment, and recovery through providing necessary resources and support, and advocates for eating disorder insurance coverage and legislative action. You can contact us at 1-408-356-1212, info@edr.csv.org, or www.edr.csv.org.

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