

Neveen Radwan

Saturday, January 24
9:30am–11am PST

A Parent's Perspective: You Don't Know What You Don't Know

EDRC's very own Outreach Manager, **Neveen Radwan**, is a parent whose daughter was diagnosed at age 15 with a severe and aggressive form of anorexia. What followed was a long, complex, and deeply traumatic recovery journey that affected her entire family. Through this experience, Neveen came to understand how devastating delays in recognition and treatment can be—and how powerful early intervention, parent education, and advocacy truly are.

During her daughter's recovery, Neveen became committed to helping families avoid the pain and missed opportunities her own family endured. She wrote *A Glow Up Gone Wrong: My Daughter's Fight For Her Life Against Anorexia*, a memoir to share critical insights for parents navigating the early stages of an eating disorder, and founded *The Ameera Foundation*, a non-profit organization in Egypt dedicated to increasing awareness and providing training for schools, parents, and families on eating disorders.

In her talk, Neveen will draw from lived experience and advocacy work to discuss why early warning signs are often missed, what parents and caregivers frequently "don't know they don't know", the role of education and advocacy in improving outcomes, and how families can act sooner and more effectively.

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