



## **EDRC's Ask the Experts presents:**

From Surviving to Thriving: A Mother/ Daughter Perspective on Family Based Treatment (FBT)

## **Juliana & Teresa**

EDRC's very own volunteers

Saturday, October 19, 2024 9:30 AM - 11 AM PST

Juliana is a senior in high school who has been in recovery since 2021.

Teresa is her mom who never imagined this was an Illness her beautiful, smart, "everything a mom could ask for" daughter would battle.

If you have loved ones going through this, are a care provider, or are considering Family Based Treatment (FBT) as a treatment option, we hope you will join us to learn more about what it was like for us to manage this challenging treatment at home. We aren't experts in the field, but we are experts at digging in and doing what we need to build a life worth living for both of us. We will share our very personal stories from the perspective of the person battling anorexia and from the perspective of the primary caregiver during FBT.

We will share how this illness and treatment put a strain on our family, and changed it for the better. We know that recovery is not easy... We also know that recovery is possible, and recovery is worth it!

## CLICK HERE TO REGISTER

PLEASE SEND YOUR QUESTIONS TO JOHN@EDRCSV.ORG BY OCTOBER 16TH.



