

FOR IMMEDIATE RELEASE:



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Eating Disorders Resource Center (EDRC)

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EDRC ANNOUNCES WINNERS OF THE 2024 BE-YOU-TIFUL CONTEST

[Campbell, California, May 10, 2024] -

The **Triton Museum in Santa Clara** announces the opening of its new digital art gallery with pieces from the Eating Disorder Resource Center's Be-You-tiful contest. The entries (poems, essays, video, and art) address how social media affects our youth. The exhibit will be at the Triton Museum **starting May 18 through June 16**.

You are invited to attend the opening on May 18 from 2 pm to 4:00 pm where Santa Clara City Mayor Lisa Gillmor and Santa Clara County Library District's Jennifer Weeks will be presenting awards to the twelve winners from middle and high schools through Silicon Valley.

Bay area students were invited to submit pieces that explored how social media and the world around them influences self-perception.

About 50% of preadolescent girls and 30% of preadolescent boys report disliking their bodies, according to the National Eating Disorders Association, and the unattainable standards set by social media are directly tied to this rise in body-related struggles. The EDRC aims to promote self and body acceptance, increase media literacy, and empower youth to challenge harmful diet culture ideals head-on, all of which can play a pivotal role in preventing the onset of eating disorders among younger generations.

Thank you to our sponsors for this year's contest, the **Palo Alto Medical Foundation**, and our partner, the **Santa Clara County Library District**.

First, second, and third-place winners will receive \$300, \$200, and \$100 respectively. Without further ado, here are the winners of the 2024 contest!

Middle School Category: Art

First Place: [Ishita Gaikwad](#), Grade 8, Horner Middle School, Fremont, CA - [Artist's Description](#)

Middle School Category: Essays

First Place: [Avani Bhate](#), Grade 7, Union Middle School, San Jose, CA

Middle School Category: Poetry

First Place: [Kainat Bhaktyar](#), Grade 8, Centerville Middle School, Fremont, CA

Second Place: [Shivaani Venkatesh](#), Grade 7, St. Andrew's Episcopal School, Saratoga, CA

High School Category: Art

First Place: [Lauren Lee](#), Grade 11, Milpitas High School, Milpitas, CA - [Artist's Description](#)

Second Place: [Ellie Kang](#), Grade 9, CalColor Academy, Cupertino, CA - [Artist's Description](#)

Third Place: [Bethanie Lee](#), Grade 11, Lynbrook High School, San Jose, CA - [Artist's Description](#)

High School Category: Essays

First Place: [Marilyn Do](#), Grade 12, Milpitas High School, Milpitas, CA

Second Place: [Lena Tran](#), Grade 12, Westmont High School, San Jose, CA

High School Category: Poetry

First Place: [Summer Li](#), Grade 9, Los Altos High School, Los Altos, CA

Second Place: [Kai-Hsuan Chiu](#), Grade 12, Piedmont Hills High School, San Jose, CA

Third Place: [Reva Sharma](#), Grade 11, Milpitas High School, Milpitas, CA

Please stop by to see the winning entries between May 18th to June 16th. They will be on display in the Digital Art Gallery at the Triton Museum.

ABOUT EDRC - Based in Campbell, CA, EDRC aims to raise awareness through the education of healthcare professionals and the general public, promote recovery by providing resources for treatment, and advocate for effective insurance coverage. You can reach us at (408) 356-1212 or www.edrcsv.org or info@edrcsv.org.

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