Marcella Cox has been in clinical practice for more than a decade. Her career has been dedicated to treating eating disorders, disordered eating, body shame, and trauma. Marcella provides professional supervision and consultation, workshops and trainings, and recently contributed the chapter on IFS and Disordered Eating in Altogether Us: Integrating the IFS Model with Key Modalities, Communities, and Trends (Pivotal Press, 2023). Marcella is the founder of Kindful Body, a collaboration of experienced eating disorder professionals providing online therapy and nutrition counseling throughout California. She also co-founded the IFS Telehealth Collective with lead IFS trainers, Mariel Pastor, LMFT and Paul Ginter, Ed.D. The IFS Telehealth Collective is a multi-state mental health group practice dedicated to providing authentic, high-quality IFS Therapy online throughout California, New York, Massachusetts, Florida, Oregon and Michigan.

To learn more, visit www.kindfulbody.com www.ifstherapyonline.com.

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