

Take part in my Doctorate in Clinical Psychology research that is on Mental health



## WOULD YOU LIKE TO TAKE PART IN A BRIEF ONLINE SURVEY INVESTIGATING THE EFFECTS OF INFLEXIBLE THINKING STYLES ON ENGAGEMENT IN TREATMENT?

Have you been diagnosed with OCD or a related disorder (e.g., Body Dysmorphic Disorder, Hoarding Disorder, Hair-pulling or Skin-picking Disorder) or an Eating Disorder?

Are you aged 18 years or above?

Have you received some form of therapy or medication for your mental health in the last 12 months or are you currently receiving it?

If yes, please take part in our survey. It should take around 30 minutes.

**Access the survey directly by pressing here**

Scan me



<https://tinyurl.com/95t228cd>



Please contact Shaunak Deshpande for more details  
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