

EDRC VOLUNTEER INTEREST FORM

The **EDRC** is a non-profit organization that serves the Silicon Valley area. Our mission is to raise **awareness** through presentations to physicians, educators and community groups, promote **recovery** by providing resources for education and treatment and monthly support groups, and participate in local, state and national **advocacy** efforts to support mental health parity, eating disorders legislation, and effective insurance coverage. We value the talents and time of volunteers who are interested in promoting and improving EDRC's programs for our community. **Volunteers must commit 2 hours per week for a minimum of one year.**

Please indicate your area(s) of interest.

- Data entry, evaluations, perform general office duties.
- Help with writing grants and reports.
- Write press releases and other publicity including social media.
- Create an online newsletter using MailChimp
- Manage our EDRC website (Wordpress).
- Co-facilitate a support group for people with eating disorders or for their loved ones.
- Coordinate presentations for various community groups and schools.
- Assist with special projects and events such as our writing contest.

Skills / Experience / Hobbies / Interests

How did you hear about us? _____

Why do you wish to work for EDRC? _____

Name: _____ Birthday (month & day): _____

Address: _____

City: _____ State: _____ Zip: _____

Cell Ph: _____ Home Ph: _____

E-mail: _____

Are you a ☐ high school student ☐ college student ☐ adult

Expected Date of Graduation (month/year): _____

Please email or mail back your completed form along with a resume. Thank you!

- *I agree to commit to EDRC's volunteer policy of a minimum of 2 hours per week for one year*

Eating Disorders Resource Center
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