

EDRC's Ask The Experts Presents:

Natalie Goodwin, PhD

**Saturday April 13, 2024
9:30am-11am PST**

Zoom only event



Emotionally-Focused Family Therapy for Eating Disorders.

Natalie received a PhD in Clinical Psychology from the University of Alabama, Birmingham and completed a pre-doctoral internship and fellowship at Baylor College of Medicine in Houston, Texas. Natalie returned to her hometown of Seattle to work as a clinical manager and clinical director at Eating Recovery Center Bellevue, followed by 3 years in private practice. Her professional focus is in the area of treatment of eating disorders. Therapeutically, her favorite interventions are Family Based Treatment, Emotion Focused Family Therapy and Acceptance and Commitment Therapy. She is certified in Exposure and Response Prevention treatment for Obsessive Compulsive Disorder, and also has training in Cognitive Behavioral Therapy, Dialectical Behavior Therapy, and Prolonged Exposure for PTSD.

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**Please send your questions to
john@edrcsv.org by April 10th.**



**Contact us
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