

EDRC's Ask The Experts Presents:

DBT for Emotional Eating

Dr. Debra L. Safer

Zoom only event

**Saturday, January 20th, 2024
9:30am-11am PST**

Dr. Debra L. Safer specializes in treating eating and weight disorders and is the Co-Director of the Stanford Adult Eating Disorders Clinic. She obtained her MD from U.C. San Francisco and completed her residency as well as a postdoctoral fellowship in eating disorder intervention research within the Department of Psychiatry & Behavioral Sciences at Stanford University. Her research and clinical work in eating disorders and obesity focus on improving patient outcomes by developing and conducting clinical intervention trials to establish evidence-based treatments. She has co-authored multiple peer-reviewed articles, books, and book chapters, and presented her work both nationally and internationally.

[CLICK HERE TO REGISTER](#)

**Please send your questions to john@edrcsv.org
by Jan 15th.**



**Contact us
408-356-1212
info@edrcsv.org
www.edrcsv.org**