

# **EDRC's Ask The Experts Presents: The Personal Impact of Eating Disorders**

**Aviana Bhatnagar & Katherine Slone**

**Saturday November 11, 2023**

**9:30-11 AM PST**

Aviana, a senior in high school, reflects on the impact that her brother's eight-year long battle with an eating disorder has on her family. Throughout these eight years, she has become acutely aware of the disorder and the related stigma. She hopes to provide support to those in similar positions and bring more awareness to these unsparing disorders.



Katherine is currently a senior in high school and a dedicated EDRC volunteer, working on both the Education Initiative Team and the Social Media Team. Katherine's personal journey of overcoming an eating disorder has ignited a passion for spreading awareness about eating disorders and providing support to those affected.

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