

Have you been concerned about your child's growth?



Children ages 6 to 12 with a diagnosis of Avoidant Restrictive Food Intake Disorder (ARFID) and their families are invited to participate in a Family-Based Treatment (FBT) vs. a manualized Non-Specific Care (NSC) research study through the Stanford Department of Psychiatry & Behavioral Sciences.

The study consists of 14 one-hour sessions in either treatment arm along with required medical management over the course of 4 months. Treatment will be provided by doctoral-level, highly skilled therapists.

Who can participate?

- Children ages 6-12
- Current diagnosis of ARFID
- Able to speak English
- Living with at least one parent (the whole family will be enrolled for treatment)
- Medically stable for outpatient treatment
- Able to make a 6-month commitment



To sign up:

Email Eliza at arfidstudy@stanford.edu

Or call 650-723-5521

For Participant's rights questions, contact 1-866-680-2906. For general information regarding questions, concerns, or complaints about research related injury or the rights of research participants, please call 650-723-5244 or toll free 1-866-680-2906 or write to the Administrative Panel on Human Subjects in Medical Research.