

# ED Family Therapy & Supporting All Family Members



**Diana Bonner LMFT**

**SATURDAY, March 18th, 2023**  
**9:30 – 11 AM PST**

Diana Bonner is a Licensed Marriage and Family Therapist in the state of California who earned her Masters Degree from John F. Kennedy University. Diana has worked with individuals struggling with eating disorders and their families since 2013 and her clinical experience includes residential, PHP/IOP, and outpatient levels of care. Diana is passionate about working in this field pulling from her own healing journey, having recovered from an eating disorder herself. Diana believes being in recovery not only allows her deeper empathy in working with others, but also can provide hope to individuals and families that full recovery is possible. Diana utilizes a variety of treatment modalities when working with individuals and families, including, DBT (dialectical behavioral therapy), mindfulness, somatic approaches (body-oriented), emotionally focused and EMDR (eye-movement desensitization reprocessing).

Diana currently has an out-patient private practice in the San Francisco Bay Area, working with those impacted by eating disorders, including, individuals at various stages of recovery from their eating disorder, individuals who have a loved one struggling with an eating disorder, and caregivers who have a loved one with an eating disorder. Diana hopes to support each person she works with in cultivating self-compassion and self-understanding in hope that they can have this compassion and understanding spill over into their relationships with others.

## **CLICK HERE TO REGISTER**

(ZOOM LINK WILL BE EMAILED TO YOU UPON REGISTRATION)