

EDRC'S "ASK THE EXPERTS" PRESENTS

SUPPORTING WEIGHT RESTORATION IN EATING DISORDER RECOVERY

SATURDAY, SEPTEMBER 24, 2022
9:30 - 11 AM



Joy Linn, MFT

I am a licensed Marriage and Family Therapist with over 15 years of experience working in various mental health settings, particularly in community mental health and with youth. As a therapist, I truly enjoy helping my clients overcome their difficulties and develop more satisfying lives. I primarily use an Internal Family Systems (IFS) approach in supporting those in recovery from eating disorders and a HAES provider. Cultural-Relational Therapy is the additional model that I use to uproot and unburden internalized toxic societal messaging, such as diet culture and weight stigma. My goal is to support those in recovery with their path to peace with food and body liberation.

CLICK HERE TO REGISTER!

(ZOOM LINK WILL BE EMAILED TO YOU UPON REGISTRATION)



Please send your questions to nancy@edrcsv.org.
These will be sent to her ahead of time so she
can address them on September 24th.