

EDRC "ASK THE EXPERTS" PRESENTS

# EMOTION COACHING FOR YOUR EATING DISORDERED CHILD



## Sue Huff

**SATURDAY, JUNE 18, 2022**  
**9:30 - 11 AM PST**

Sue is a trained family peer support worker and caregiver coach who has lived experience as a parent of a child in recovery from Anorexia. She is also the former Executive Director and a founding member of the Eating Disorder Support Network of Alberta and the author of a book on families overcoming eating disorders. Sue is trained in emotion focused family therapy and found this skill to be enormously helpful as a parent. Sue understands the rollercoaster of emotions parents face when their child has an eating disorder, because she has "been there, done that." Sue feels honoured to walk beside other parents on this journey, as a caregiver coach and workshop presenter on emotion coaching. Visit her website to learn more: [www.suehuff.ca](http://www.suehuff.ca).

## **CLICK HERE TO REGISTER!**

(ZOOM LINK WILL BE EMAILED TO YOU UPON REGISTRATION)