

EDRC'S ASK THE EXPERTS PRESENTS



RECOVERING FROM AN EATING DISORDER

TESSA GORDON LMFT, RYT

Tessa Gordon is a Licensed Marriage and Family Therapist and Registered Yoga and Mindful Movement Instructor. She specializes in working with eating disorders, body image, anxiety, relationship dynamics and life transitions. Combining clinical and lived experience with a love of social justice, her passion is to help others find recovery and healing. Tessa has suffered and recovered from an eating disorder and will speak about her personal experience as well as her work as a therapist.

SATURDAY, OCTOBER 9, 2021

9:30-11AM

CLICK HERE TO REGISTER

(ZOOM LINK WILL BE EMAILED TO YOU UPON REGISTRATION)

Please send your questions to nancy@edr.csv.org. These will be sent to her ahead of time so she can address them on October 9th.