

EDRC PRESENTS

SUPPORTING YOUR LOVED ONE WITH ADVANCED CAREGIVING

featuring LIZ WOODRUFF, Ph. D.

In this free support group, we will discuss ways of facilitating healing for your loved one through emotional and behavioral coaching.



Dr. Liz Woodruff is a licensed clinical psychologist with over 15 years of experience helping individuals and families in their pursuit of healing and change. She specializes in the treatment of anxiety and depression, relationship difficulties, and body image and eating disorders. She also has extensive experience working with the LGBTQ+ community. Additionally, she provides parent coaching, both one-on-one to parents and in group seminars. Dr. Woodruff earned her Ph.D. from the University of North Texas and later trained at Stanford University. Dr. Woodruff is the past president of a Sonoma County based nonprofit organization called Eating Disorder Recovery Support, Inc. as well as past membership chair of the San Francisco Psychological Association and the Marin Psychological Association.

**SATURDAY 3/27/21
9:30-11 AM**

**CLICK HERE
TO RESISTER!!**

(zoom link will be emailed to you upon registration)

Please send your questions to nancy@edrcsv.org. These will be sent to her ahead of time so she can address them on March 27th .

