

EDRC'S "ASK THE
EXPERTS" PRESENTS

CARLY REID

SATURDAY 1/23/20

9:30-11AM

"I'm Carly Reid and I am a past patient at El Camino. I am a Chiquita banana, sea creature, and ocean lover. I swam for UCLA as an undergrad and went on to get my M.A in Advertising and Brand Responsibility at the University of Oregon. I'm fully recovered from anorexia and will do everything I can to help those fighting eating disorders and help those who are maintaining recovery. Choosing recovery was the most challenging and rewarding experience of my life. We need a community to recover and without that extra voice of support, recovery would not have been possible. Community support is about education and one of the key things to remember is that eating disorders come in all shapes and sizes, and affect every age, gender, and race. I want to help families dealing with eating disorders, because when one person struggles, the entire family struggles. Recovery is the hardest and easiest choice someone can make, but once the choice is made, life will become big and beautiful before you know it."



CLICK HERE TO REGISTER!

(zoom link will be emailed to you
after you register for the meeting)

Join the conversation by submitting
questions you want answered in advance to
Nancy Boyle (nancy@edrcsv.org).