

EDRC'S "ASK THE EXPERTS"

THE BRAIN & SHAME: CLINICIAN TOOLS TO REWIRE THE BRAIN TRAPPED IN A BINGE CYCLE

WEDNESDAY 9/30
7 PM



Tammy Beasley - RDN, CEDRD-S, CSSD, LD

As the Vice President of Clinical Nutrition Services, Tammy focuses on program development and staff training to provide consistency and excellence in nutrition programming at all Alsana programs. With over three decades of experience as a registered/licensed dietitian nutritionist, Tammy has served in multiple dimensions of care including inpatient and outpatient settings, advocacy and clinical training as Director of IAEDP Certification. As the first registered dietitian to become certified with IAEDP in 1993 and the first Alabama dietitian to receive the certified specialist in sports dietetics in 2007, Tammy is a sought-after consultant, speaker, and leader in the nutrition field. As a frequent speaker at national and international conferences, Tammy is passionate about translating evidence-based nutritional science into practical yet innovative strategies within a collaborative treatment approach to support full recovery.

Join the conversation by submitting questions you want answered in advance to Camellia Hayat (camelliahayat6@gmail.com).

CLICK HERE TO REGISTER!

(zoom link will be emailed to you after you register for the meeting)

