

ASK THE EXPERTS ONLINE SERIES

EDRC IS NOW OFFERING AN ONLINE “ASK THE EXPERTS” SERIES

SATURDAY JULY 11TH 9:30-11AM



STEPHANIE BROOKS, MS, RD, CEDRD-S

Stephanie Brooks, a certified Eating Disorder Dietitian and Supervisor, Nutrition Therapist and Consultant, is a nationally recognized expert in the field of disordered eating with over 20 years of eating disorder treatment experience. She uses her experience and passion for her work to help her clients obtain healthy relationships with food and their bodies so that they can get their life back and thrive. Stephanie practices Family Based Nutrition Therapy, “Health at Every Size” philosophy, and a mindful non-diet approach to help others obtain physical, mental, and spiritual health.

SATURDAY JULY 25TH 9:30-11AM



PAMELA CARLTON, MD

Dr. Pamela Carlton is a board certified pediatrician with sub-specialty training in adolescent medicine and almost a decade of experience treating adolescents and young adults with eating disorders. From 2007-2016 she was the owner and director of The Carlton Clinic for Eating Related Disorders. Prior to opening The Carlton Clinic, she was on the clinical faculty in the Division of Adolescent Medicine at Stanford University School of Medicine. Since closing The Carlton Clinic, Dr. Carlton founded Shanti Farm where she raises goats, chickens and bees and teaches homesteading classes.

[CLICK HERE FOR THE JULY 11TH MEETING LINK!](#)

[CLICK HERE FOR THE JULY 25TH MEETING LINK!](#)

Join the conversation by submitting questions you want answered in advance to Nancy Boyle (nancy@edrcsv.org).