SOCIAL & ECONOMIC COST OF EATING DISORDERS IN THE UNITED STATES

Report by the Strategic Training Initiative for the Prevention of Eating Disorders, Academy for Eating Disorders, and Deloitte Access Economics

PREVALENCE & MORTALITY

Percent of the U.S. population, or 28.8 million Americans, that will have an eating disorder in their lifetime

10,200 deaths per year as a direct result of an eating disorder, equating to 1 death every 52 minutes

EATING DISORDERS AFFECT EVERYONE:

- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are 2x less likely to be diagnosed and 1.5x less likely to receive treatment¹
- All genders, with females being 2x more likely to have an eating disorder
- All sexual orientations

COST TO ECONOMY & SOCIETY

Yearly economic cost of eating disorders: $64.7 Billion
Additional loss of wellbeing per year: $326.5 Billion

COST TO HOSPITAL SYSTEMS:

53,918 ER visits costing $29.3M
23,560 inpatient hospitalizations costing $209.7M

Loss Per Group:

Government: $17.7B
Individuals & Families: $23.5B
Employers: $16.3B
Society: $7.1B