

SOCIAL & ECONOMIC COST OF EATING DISORDERS IN THE UNITED STATES

Report by the Strategic Training Initiative for the Prevention of Eating Disorders,
Academy for Eating Disorders, and Deloitte Access Economics

STRIPED

Strategic Training Initiative for the Prevention of Eating Disorders

A PUBLIC HEALTH
INCUBATOR

[LINK TO REPORT](#)

Academy for
Eating Disorders
AED

PREVALENCE & MORTALITY



Percent of the U.S. population,
or **28.8 million Americans**,
that will have an eating
disorder in their lifetime

10,200 deaths per year as a
direct result of an eating disorder,
equating to **1 death every 52 minutes**



EATING DISORDERS AFFECT EVERYONE:



- All ages, starting as young as 5 years old to over 80 years old
- All races, however, people of color with eating disorders are **2x less likely to be diagnosed** and **1.5x less likely to receive treatment¹**
- All genders, with females being **2x more likely to have an eating disorder**
- All sexual orientations

COST TO ECONOMY & SOCIETY

**\$64.7
Billion**

Yearly economic cost
of eating disorders

Additional loss
of wellbeing per year

**\$326.5
Billion**

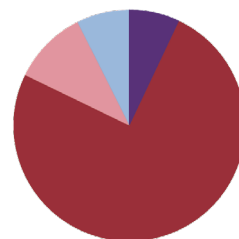
Cost Breakdown:

Productivity Losses (\$48.6B)

Informal Care (\$6.7B)

Efficiency Losses (\$4.8B)

Health System (\$4.6B)



COST TO HOSPITAL SYSTEMS:

53,918
ER visits



costing
\$29.3M

23,560 inpatient
hospitalizations



costing
\$209.7M

LOSS PER GROUP:



\$23.5B
Individuals
& Families

Caregivers provide 6 weeks of
informal, unpaid care per year



\$17.7B
Government



\$16.3B
Employers



\$7.1B
Society

¹Sonneville KR, Lipson SK. Disparities in eating disorder diagnosis and treatment according to weight status, race/ethnicity, socioeconomic background, and sex among college students. International Journal of Eating Disorders 2018: 1-9.



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