



Child & Adolescent Programs At A Glance

Eating Recovery Center (ERC) and Insight Mood & Anxiety Center (Insight) are your partners in providing specialized residential, inpatient, and outpatient care for children and teens, ages 10-17.

- ERC is the leading provider of eating disorder treatment, including Anorexia, Bulimia, Avoidant Restrictive Food Intake Disorder, and more.
- Insight offers life-changing treatment for mood, anxiety and trauma-related disorders.

Together, we offer our youth a guided path to recovery and mental wellness.

LOCATION	Conditions Treated	Inpatient (IP)	Residential (RES)	Partial Hospitalization (PHP)	Intensive Outpatient (IOP)
CALIFORNIA	Eating Disorders			●	●
COLORADO	Eating Disorders Mood, Anxiety & Trauma-Related Disorders	●	● ●	● ●	●
ILLINOIS	Eating Disorders Mood, Anxiety & Trauma-Related Disorders		● ●	● ●	● ●
MARYLAND	Eating Disorders			●	●
OHIO	Eating Disorders			●	●
SOUTH CAROLINA	Eating Disorders			●	●
TEXAS	Eating Disorders Mood, Anxiety & Trauma-Related Disorders	●	●	● ●	● ●
WASHINGTON	Eating Disorders Mood, Anxiety & Trauma-Related Disorders		●	● ●	● ●



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CALIFORNIA

Sacramento

3610 American River Dr., Suite 140

- Eating Disorders (PHP, IOP)

COLORADO

Denver

8140 E. 5th Ave.

- Mood, Anxiety & Trauma-Related Disorders (RES)

1830 Franklin St., Suite 500

- Eating Disorders (IP, RES, PHP)

100 Spruce St., Suite 200

- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

ILLINOIS

Chicago

333 N. Michigan Ave., Suite 1900

- Eating Disorders (PHP, IOP)
- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

Northbrook

4201 Lake Cook Rd., Suite 300

- Eating Disorders (RES, PHP, IOP)
- Mood, Anxiety & Trauma-Related Disorders (RES, PHP, IOP)

Oak Brook

1010 Jorie Blvd., Suite 200

- Eating Disorders (PHP, IOP)
- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

MARYLAND

Baltimore

6535 N. Charles St., Suite 300

- Eating Disorders (PHP, IOP)

OHIO

Cincinnati

3805 Edwards Rd., Suite 400

- Eating Disorder (PHP, IOP)

TEXAS

Austin

12221 Renfert Way

- Eating Disorders (PHP, IOP)
- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

Houston

7515 S. Main St.

- Eating Disorders (PHP, IOP)

Plano

4708 Alliance Blvd., Suite 300

- Eating Disorders (IP, RES)

5120 Legacy Dr.

- Eating Disorders (IP, RES, PHP, IOP)

Round Rock

1 Chisholm Trail, Suite 5100

- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

San Antonio

250 E. Basse Rd., Suite 206

- Eating Disorders (PHP, IOP)

The Woodlands

17350 St. Lukes Way, Suite 220

- Eating Disorders (PHP, IOP)
- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

SOUTH CAROLINA

Greenville

12 Maple Tree Ct., Suite 101

- Eating Disorders (PHP, IOP)

WASHINGTON

Bellevue

1231 116th Ave. NE, Suite 350

- Eating Disorders (RES, PHP, IOP)

Seattle

901 Boren Ave., Suite 802

- Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

IP – Inpatient Program

RES – Residential Program

PHP – Partial Hospitalization Program

IOP – Intensive Outpatient Program

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To schedule a free, confidential assessment by a master's-level clinician, please visit our websites, or call 877-825-8584. [EatingRecovery.com](https://www.EatingRecovery.com) | [InsightBHC.com](https://www.InsightBHC.com)

Majority of private insurance plans accepted