Eating Recovery Center (ERC) and Insight Mood & Anxiety Center (Insight) are your partners in providing specialized residential, inpatient, and outpatient care for children and teens, ages 10-17.

- ERC is the leading provider of eating disorder treatment, including Anorexia, Bulimia, Avoidant Restrictive Food Intake Disorder, and more.
- Insight offers life-changing treatment for mood, anxiety and trauma-related disorders.

Together, we offer our youth a guided path to recovery and mental wellness.

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>Conditions Treated</th>
<th>Inpatient (IP)</th>
<th>Residential (RES)</th>
<th>Partial Hospitalization (PHP)</th>
<th>Intensive Outpatient (IOP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CALIFORNIA</td>
<td>Eating Disorders</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>COLORADO</td>
<td>Eating Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td></td>
<td>Mood, Anxiety &amp; Trauma-Related Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>ILLINOIS</td>
<td>Eating Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td></td>
<td>Mood, Anxiety &amp; Trauma-Related Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>MARYLAND</td>
<td>Eating Disorders</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>OHIO</td>
<td>Eating Disorders</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>SOUTH CAROLINA</td>
<td>Eating Disorders</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>TEXAS</td>
<td>Eating Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td></td>
<td>Mood, Anxiety &amp; Trauma-Related Disorders</td>
<td>●</td>
<td>●</td>
<td>●</td>
<td>●</td>
</tr>
<tr>
<td>WASHINGTON</td>
<td>Eating Disorders</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Mood, Anxiety &amp; Trauma-Related Disorders</td>
<td>●</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

To schedule a free, confidential assessment by a master’s-level clinician, please visit our websites, or call 877-825-8584. EatingRecovery.com | InsightBHC.com

Majority of private insurance plans accepted.
## Child & Adolescent Programs At A Glance

### CALIFORNIA

**Sacramento**  
3610 American River Dr., Suite 140  
– Eating Disorders (PHP, IOP)

### COLORADO

**Denver**  
8140 E. 5th Ave.  
– Mood, Anxiety & Trauma-Related Disorders (RES)

**1830 Franklin St., Suite 500**  
– Eating Disorders (IP, RES, PHP)

**100 Spruce St., Suite 200**  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

### ILLINOIS

**Chicago**  
333 N. Michigan Ave., Suite 1900  
– Eating Disorders (PHP, IOP)  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

**Northbrook**  
4201 Lake Cook Rd., Suite 300  
– Eating Disorders (RES, PHP, IOP)  
– Mood, Anxiety & Trauma-Related Disorders (RES, PHP, IOP)

**Oak Brook**  
1010 Jorie Blvd., Suite 200  
– Eating Disorders (PHP, IOP)  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

### MARYLAND

**Baltimore**  
6535 N. Charles St., Suite 300  
– Eating Disorders (PHP, IOP)

### OHIO

**Cincinnati**  
3805 Edwards Rd., Suite 400  
– Eating Disorder (PHP, IOP)

### TEXAS

**Austin**  
12221 Renfert Way  
– Eating Disorders (PHP, IOP)  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

**Houston**  
7515 S. Main St.  
– Eating Disorders (PHP, IOP)

**Plano**  
4708 Alliance Blvd., Suite 300  
– Eating Disorders (IP, RES)

**5120 Legacy Dr.**  
– Eating Disorders (IP, RES, PHP, IOP)

**Round Rock**  
1 Chisholm Trail, Suite 5100  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

**San Antonio**  
250 E. Basse Rd., Suite 206  
– Eating Disorders (PHP, IOP)

**The Woodlands**  
17350 St. Lukes Way, Suite 220  
– Eating Disorders (PHP, IOP)  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

### SOUTH CAROLINA

**Greenville**  
12 Maple Tree Ct., Suite 101  
– Eating Disorders (PHP, IOP)

### WASHINGTON

**Bellevue**  
1231 116th Ave. NE, Suite 350  
– Eating Disorders (RES, PHP, IOP)

**Seattle**  
901 Boren Ave., Suite 802  
– Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

---

**IP** – Inpatient Program  
**RES** – Residential Program  
**PHP** – Partial Hospitalization Program  
**IOP** – Intensive Outpatient Program