



Programs At A Glance

Eating Recovery Center (ERC) and Insight Behavioral Health Centers (Insight) are your partners in providing expert, specialized care for adults, children, and teens. ERC is the leading provider of eating disorder treatment, including Binge Eating Disorder and Avoidant/Restrictive Food Intake Disorder. Insight offers life-changing treatment for mood, anxiety and trauma-related disorders.

Together, we offer a guided path to recovery and mental wellness.

LOCATION	Conditions Treated	Inpatient (IP)	Residential (RES)	Partial Hospitalization (PHP)	Intensive Outpatient (IOP)	Virtual IOP
CALIFORNIA	Adult Eating Disorders Binge Eating Disorder Child and Adolescent Eating Disorders			● ● ●	● ● ●	● ●
COLORADO	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders Child and Adolescent Eating Disorders C&A Mood, Anxiety & Trauma-related Disorders	● ●	● ● ●	● ● ● ●	● ● ●	
ILLINOIS	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders Child and Adolescent Eating Disorders C&A Mood, Anxiety & Trauma-related Disorders		● ● ● ● ●	● ● ● ● ●	● ● ● ● ●	
MARYLAND	Adult Eating Disorders Child and Adolescent Eating Disorders			● ●	● ●	
OHIO	Adult Eating Disorders Binge Eating Disorder Adolescent Eating Disorders			● ● ●	● ● ●	● ●
SOUTH CAROLINA	Adult Eating Disorders Binge Eating Disorder Child and Adolescent Eating Disorders			● ● ●	● ● ●	
TEXAS	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders Child and Adolescent Eating Disorders C&A Mood, Anxiety & Trauma-related Disorders	● ●	● ●	● ● ● ● ●	● ● ● ● ●	● ● ●
WASHINGTON	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders Child and Adolescent Eating Disorders C&A Mood, Anxiety & Trauma-related Disorders		● ● ●	● ● ● ● ●	● ● ● ● ●	



Programs At A Glance

CALIFORNIA

Sacramento

3610 American River Dr., Suite 140

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Child & Adolescent Eating Disorders (PHP, IOP)

COLORADO

Denver

7900 E. 1st Ave., Suite 200

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

8190 E. 1st Ave., Suite 105

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (IOP)

8199 E 1st Ave.

- Adult Eating Disorders (IP, RES)

8140 E. 5th Ave.

- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (RES)

1830 Franklin St., Suite 500

- Child & Adolescent Eating Disorders (IP, RES, PHP)

98 Spruce St.

- Adult Eating Disorders (IP, RES)

100 Spruce St., Suite 200

- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

ILLINOIS

Chicago

1 E. Erie St., Suite 400

- Binge Eating Disorder (RES)

150 E. Huron St.

- Adult Eating Disorders (RES, PHP, IOP)

333 N. Michigan Ave., Suite 1900

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Binge Eating Disorder (PHP, IOP)
- Child & Adolescent Eating Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

200 E. Ohio St., Suite 400

- Adult Mood, Anxiety & Trauma-related Disorders (RES)

Evanston

500 Davis St., Suite 1003

- Adult Eating Disorders (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

Northbrook

4201 Lake Cook Rd., Suite 200

- Adult Eating Disorders (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Child & Adolescent Eating Disorders (RES, PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (RES, PHP, IOP)

(Chicago continued)

Oak Brook

1010 Jorie Blvd., Suite 200

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Child & Adolescent Eating Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

MARYLAND

Baltimore

6535 N. Charles St., Suite 300

- Adult Eating Disorders (PHP, IOP)
- Child & Adolescent Eating Disorders (PHP, IOP)

OHIO

Cincinnati

3805 Edwards Rd., Suite 400

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Adolescent Eating Disorder (PHP, IOP)

TEXAS

Austin

12221 Renfert Way

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Child & Adolescent Eating Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

100 West Dean Keeton, Student Services Building, 5th floor

- Adult Eating Disorders (IOP, VIOP)

Fort Worth

4200 S. Hulen St., Ste 436

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (VIOP)

Houston

7515 S. Main St.

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Child & Adolescent Eating Disorders (PHP, IOP)

Plano

4708 Alliance Blvd., Suite 300

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)
- Child & Adolescent Eating Disorders (IP, RES)

4716 Alliance Blvd. Suite 400

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

5120 Legacy Dr.

- Adult Eating Disorders (IP, RES, PHP, IOP)
- Binge Eating Disorder (VIOP)
- Child & Adolescent Eating Disorders (IP, RES, PHP, IOP)

(Texas continued)

Round Rock

1 Chisholm Trail, Suite 5100

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

San Antonio

250 E. Basse Rd., Suite 206

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Child & Adolescent Eating Disorders (PHP, IOP)

The Woodlands

17350 St. Lukes Way, Suite 220

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (VIOP)
- Child & Adolescent Eating Disorders (PHP, IOP)
- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

SOUTH CAROLINA

Greenville

12 Maple Tree Ct., Suite 101

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (PHP, IOP)
- Child & Adolescent Eating Disorders (PHP, IOP)

WASHINGTON

Bellevue

1231 116th Ave. NE, Suite 350

- Adult Eating Disorders (IOP)
- Child & Adolescent Eating Disorders (RES, PHP, IOP)

1231 116th Ave. NE, Suite 370

- Adult Eating Disorders (PHP)
- Binge Eating Disorder (PHP)

1231 116th Ave. NE, Suite 800

- Adult Eating Disorders (RES)
- Adult Mood, Anxiety & Trauma-related Disorders (RES)

Seattle

901 Boren Ave., Suite 802

- Child & Adolescent Mood, Anxiety & Trauma-Related Disorders (PHP, IOP)

901 Boren Ave., Suite 1800

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

IP – Inpatient Program

RES – Residential Program

PHP – Partial Hospitalization Program

IOP – Intensive Outpatient Program

Virtual IOP/VIOP – Virtual Intensive Outpatient Program

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Please contact us at **877-825-8584**, EatingRecovery.com or InsightBHC.com to schedule a free, confidential assessment by a master's-level clinician.

Majority of private insurance plans accepted