



# Adult Programs At A Glance

Eating Recovery Center (ERC) and Insight Behavioral Health Centers (Insight) are your partners in providing expert, specialized residential, inpatient, and outpatient care for adults. ERC is the leading provider of eating disorder treatment, including Binge Eating Disorder and Avoidant/Restrictive Food Intake Disorder. Insight offers life-changing treatment for mood, anxiety, and trauma-related disorders.

**Together, we offer a guided path to recovery and mental wellness.**

LOCATION	Conditions Treated	Inpatient (IP)	Residential (RES)	Partial Hospitalization (PHP)	Intensive Outpatient (IOP)	Virtual IOP
CALIFORNIA	Adult Eating Disorders Binge Eating Disorder			● ●	● ●	● ●
COLORADO	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders	●	●	● ●	● ●	
ILLINOIS	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders		● ● ●	● ● ●	● ● ●	
MARYLAND	Adult Eating Disorders			●	●	
OHIO	Adult Eating Disorders Binge Eating Disorder			● ●	● ●	● ●
SOUTH CAROLINA	Adult Eating Disorders Binge Eating Disorder			● ●	● ●	
TEXAS	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders	●	●	● ● ●	● ● ●	● ● ●
WASHINGTON	Adult Eating Disorders Binge Eating Disorder Adult Mood, Anxiety & Trauma-related Disorders		● ●	● ● ●	● ● ●	

To schedule a free, confidential assessment by a master's-level clinician, or for information about our **child and adolescent** treatment programs, please visit our websites, or call 877-825-8584.

[EatingRecovery.com](http://EatingRecovery.com) | [InsightBHC.com](http://InsightBHC.com)

Majority of private insurance plans accepted



# Adult Programs At A Glance

## **CALIFORNIA**

### **Sacramento**

**3610 American River Dr., Suite 140**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)

## **COLORADO**

### **Denver**

**7900 E. 1st Ave., Suite 200**

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

**8190 E. 1st Ave., Suite 105**

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (IOP)

**8199 E 1st Ave.**

- Adult Eating Disorders (IP, RES)

**98 Spruce St.**

- Adult Eating Disorders (IP, RES)

## **ILLINOIS**

### **Chicago**

**1 E. Erie St., Suite 400**

- Binge Eating Disorder (RES)

**150 E. Huron St.**

- Adult Eating Disorders (RES, PHP, IOP)

**333 N. Michigan Ave., Suite 1900**

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)
- Binge Eating Disorder (PHP, IOP)

**200 E. Ohio St., Suite 400**

- Adult Mood, Anxiety & Trauma-related Disorders (RES)

### **Evanston**

**500 Davis St., Suite 1003**

- Adult Eating Disorders (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

### **Northbrook**

**4201 Lake Cook Rd., Suite 200**

- Adult Eating Disorders (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

### **Oak Brook**

**1010 Jorie Blvd., Suite 200**

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (IOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

## **MARYLAND**

### **Baltimore**

**6535 N. Charles St., Suite 300**

- Adult Eating Disorders (PHP, IOP)

## **OHIO**

### **Cincinnati**

**3805 Edwards Rd., Suite 400**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)

## **TEXAS**

### **Austin**

**12221 Renfert Way**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)

**100 West Dean Keeton, Student Services Building, 5th floor**

- Adult Eating Disorders (IOP, VIOP)

### **Fort Worth**

**4200 S. Hulen St., Ste 436**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (VIOP)

### **Houston**

**7515 S. Main St.**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)

### **Plano**

**4708 Alliance Blvd., Suite 300**

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)

**4716 Alliance Blvd. Suite 400**

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

**5120 Legacy Dr.**

- Adult Eating Disorders (IP, RES, PHP, IOP)
- Binge Eating Disorder (VIOP)

### **Round Rock**

**1 Chisholm Trail, Suite 5100**

- Adult Eating Disorders (VIOP)
- Binge Eating Disorder (VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

### **San Antonio**

**250 E. Basse Rd., Suite 206**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (PHP, IOP, VIOP)
- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

## **The Woodlands**

**17350 St. Lukes Way, Suite 220**

- Adult Eating Disorders (PHP, IOP, VIOP)
- Binge Eating Disorder (VIOP)

## **SOUTH CAROLINA**

### **Greenville**

**12 Maple Tree Ct., Suite 101**

- Adult Eating Disorders (PHP, IOP)
- Binge Eating Disorder (PHP, IOP)

## **WASHINGTON**

### **Bellevue**

**1231 116th Ave. NE, Suite 350**

- Adult Eating Disorders (IOP)

**1231 116th Ave. NE, Suite 370**

- Adult Eating Disorders (PHP)
- Binge Eating Disorder (PHP)

**1231 116th Ave. NE, Suite 800**

- Adult Eating Disorders (RES)
- Adult Mood, Anxiety & Trauma-related Disorders (RES)

### **Seattle**

**901 Boren Ave., Suite 1800**

- Adult Mood, Anxiety & Trauma-related Disorders (PHP, IOP)

**IP** – Inpatient Program

**RES** – Residential Program

**PHP** – Partial Hospitalization Program

**IOP** – Intensive Outpatient Program

**Virtual IOP/VIOP** – Virtual Intensive Outpatient Program