

Free Support Group

Body Image & Eating Disorders

Are you unhappy with your body? Do you compulsively exercise? Do you think about food day and night? Do you eat when you're not hungry? Come join us and get control of your body image and fear about eating. You are not alone and these confidential support groups will make a difference.



**Where: El Camino Hospital
Conference Room C
2500 Grant Rd.
Mountain View, CA 94040**

**Free parking available in
Lot A by main entrance.**

**When: Every Tuesday from 7– 8:30
PM**



For further information contact: EDRC

**15891 Los Gatos Almaden Rd. Phone: 408-356-1212
Fax: 408-356-3434**

www.edrcsv.org

**Thank you to El Camino Healthcare District for supporting
Eating Disorders Resource Center since 2008**

