

Free Support Group

Body Image & Eating Disorders

Are you unhappy with your body? Do you compulsively exercise? Do you think about food day & night? Do you eat when you're not hungry? Come join us and get control of your body image and fear about eating. You are not alone and these confidential support groups will make a difference.



**Where: Mission Oaks Campus
EDRC Meeting Room
(1st Floor)
15891 Los Gatos-Almaden Rd.
Los Gatos, CA 95032**

**When: Starting SEPTEMBER 2016
Every Wednesday
7:00-8:30 pm**



**For further information contact: EDRC
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www.edr.csv.org