

Hosted by Emily Caruthers, MFT, in partnership with Eating Disorders Resource Center

Free Support Group

Body Image & Eating Disorders

Are you unhappy with your body? Do you compulsively exercise? Do you think about food day & night? Do you eat when you're not hungry? Come join us and get control of your body image and fear about eating. You are not alone and these confidential support groups will make a difference. Open to family and friends.



Where: 1225 Crane Street, Suite 205
Menlo Park, CA 94025
RSVP requested:
emilycaruthersmft@gmail.com

When: Every Thursday
6:30-8:00pm



For further information contact: EDRC

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