

Family WRAP®

Wellness Recovery Action Plan

Do you have mental illness or addiction in your family?

Make a Wellness Recovery Action Plan

Every **Wednesday Night** 6:30 PM to 8 PM

2221 Enborg Lane, San Jose, CA

Enter through exterior Patio Door

For more info call (408) 792-2166

Diana.Guido@hhs.sccgov.org

Santa Clara County Department of Behavioral Health Services,
Office of Family Affairs is offering WRAP to families.

WRAP®, Wellness Recovery Action Plan, is an evidence-based practice that we can use to manage our physical and behavioral health to help make positive and lasting changes to our lives.

